

**MASS INTENTIONS**

Table with columns for Day, Date, and Time. Rows include Saturday (March 1) at 6:30 AM and 5:00 PM, Sunday (March 2) at 8:30 AM, 10:30 AM, and 12:30 PM, Monday (March 3) at 6:30 AM, 8:00 AM, and 7:00 PM, Tuesday (March 4) at 6:30 AM, 8:00 AM, and 7:00 PM, Wednesday (March 5) at 6:30 AM, 8:00 AM, and 7:00 PM, Thursday (March 6) at 6:30 AM, 8:00 AM, and 7:00 PM, Friday (March 7) at 6:30 AM, 8:00 AM, and 7:00 PM, Saturday (March 8) at 6:30 AM and 5:00 PM.

**MEN'S FAITH BREAKFAST – March 8<sup>th</sup>**

Our Men's Faith Breakfast ministry will be having John Deagon as a guest speaker. He will be speaking on the life of St. Patrick. Join them on March 8<sup>th</sup> after the 6:30 AM Mass in the Parish Hall.

**INTENTIONS FOR THE SICK**

Paul Henry, Maria Hale, Frank & Yvonne Batista, Marilou Topacio, Sylvia Todd, Mary Quinn, Ruben Pimentel, Lisa Von Sydow, Cruz Benedict Alvarado, Linda Vargas, Veronica Galvan, Rayne Fritz, Javier Oseguera, Therese Casey-Delgado, David Martin, Timothy J. Lopez, Charles Sawyer, Gerald Gallegos, Larry Trujillo, Dominic, Phyllis Schabow, Mark Durbin, Rochelle Bernal, Maria Perez, Francine Wild, Evan Hernandez, Patrick Kelly, Maria Hendershot, Ramon Carrasco, Pope Francis, Felix Sapien, Phyllis Schabow

**INTENTIONS FOR THE DECEASED**

Fr. Louis Marx, Evelyn Petrus, Amparo Franco, Al Megger, Carlos Diaz, Norma Guico Gotoc, Paul Lucido, Deacon Ron Diem, Jenny Gonzales, Mary Teresa Alvarado, Juan "Tito" Rosales, Hilma Anderson, Teresa Amado, Catharine Odell, Carmelita Chomera, Manuela Rader, Ernie Marroquin, Erick Lee Sua, Patricia Trejo, Marilu Trejo, Juliana Santos, Lourdes Raminez, Reno Morra, Daniel R. Wilson, Anders Johansen, Deacon Charles Outtiero, Cipriano Lachica, Franklin James Lowrey, Bonny Ann Lawson



**BABIES BAPTIZED AT OUR PARISH IN FEBRUARY**

*Noemi, Julian, Alberto, Jude, Olivia, Penelope*

**MAY GOD BLESS AND GUIDE THEM**

**THANK YOU!**

The Knights of Columbus would like to extend our heartfelt gratitude to all the talented young artists who participated in the Keep Christ in Christmas Poster Contest 2024. Your beautiful artwork truly captured the spirit of Christmas, and we are incredibly proud of each and every one of you. Please join us at the Knights of Columbus booth this Sunday, March 2nd, after all masses, to pick up an award in recognition of your participation.

**STRONG FOUNDATION WEDDING PREPERATION RETREAT – March 29<sup>th</sup>**

St. Thomas the Apostle (3774 Jackson St., Riverside, 92503) invites you to participate in the Strong Foundations wedding preparation retreat for couples. Strong Foundations is a Catholic values-based program designed to prepare engaged couples for the hard work of creating a loving marriage with God at its center. Couples will learn about themselves and their partners in a way few couples experience prior to marriage. In addition, they will learn the basic skills needed to handle the transitions involved in marriage.

This one-day retreat is \$120.00 per couple (cash please) and includes the course fee, Certificate of Completion and snacks. For more information, please email rmichel@sbdiocese.org or mmichel@sbdiocese.org or call 951-689-1131. Applications are due by March 15<sup>th</sup> due to limited seating.

**A CHANGE OF HEART – March 15<sup>th</sup>**

1:30 PM to 3:00 PM. Doors open at 1:00 PM. In Avila Hall at St. Elizabeth Ann Seton Parish (2713 S. Grove Ave., Ontario). Dr. John Bruchalski will be giving his personal testimony of a miraculous series of events, that brought about his profound conversion of heart, following a live birth during a late-term abortion procedure. Seating for this event is free of charge. No prior registration required. For more information, please see the flyer in the back of the church or contact Maria at mariapimentel@msn.com.

**J.M.J.**

**8<sup>th</sup> SUNDAY IN ORDINARY TIME**

**March 2, 2025**

**Living the Faith: 10 Things to Remember for Lent**

1. Remember the formula. The Church does a good job capturing certain truths with easy-to-remember lists and formulas: 10 Commandments, 7 sacraments, 3 persons in the Trinity. For Lent, the Church gives us almost a slogan—Prayer, Fasting, and Almsgiving—as the three things we need to work on during the season.

2. It's a time of prayer. Lent is essentially an act of prayer spread out over 40 days. As we pray, we go on a journey, one that hopefully brings us closer to Christ and leaves us changed by the encounter with him.

3. It's a time to fast. With the fasts of Ash Wednesday and Good Friday, meatless Fridays, and our personal disciplines interspersed, Lent is the only time many Catholics these days actually fast. And maybe that's why it gets all the attention. "What are you giving up for Lent? Hot dogs? Beer? Jelly beans?" It's almost a game for some of us, but fasting is actually a form of penance, which helps us turn away from sin and toward Christ.

4. It's a time to work on discipline. The 40 days of Lent are also a good, set time to work on personal discipline in general. Instead of giving something up, it can be doing something positive. "I'm going to exercise more. I'm going to pray more. I'm going to be nicer to my family, friends, and coworkers."

5. It's about dying to yourself. The more serious side of Lenten discipline is that it's about more than self-control—it's about finding aspects of yourself that are less than Christ-like and letting them die. The suffering and death of Christ are foremost on our minds during Lent, and we join in these mysteries by suffering, dying with Christ and being resurrected in a purified form.

6. Don't do too much. It's tempting to make Lent some ambitious period of personal reinvention, but it's best to keep it simple and focused. There's a reason the Church works on these mysteries year after year. We spend our entire lives growing closer to God. Don't try to cram it all in one Lent. That's a recipe for failure.

7. Lent reminds us of our weakness. Of course, even when we set simple goals for ourselves during Lent, we still have trouble keeping them. When we fast, we realize we're all just one meal away from hunger. In both cases, Lent shows us our weakness. This can be painful, but recognizing how helpless we are makes us seek God's help with renewed urgency and sincerity.

8. Be patient with yourself. When we're confronted with our own weakness during Lent, the temptation is to get angry and frustrated. "What a bad person I am!" But that's the wrong lesson. God is calling us to be patient and to see ourselves as he does, with unconditional love.

9. Reach out in charity. As we experience weakness and suffering during Lent, we should be renewed in our compassion for those who are hungry, suffering, or otherwise in need. The third part of the Lenten formula is almsgiving. It's about more than throwing a few extra dollars in the collection plate; it's about reaching out to others and helping them without question as a way of sharing the experience of God's unconditional love.

10. Learn to love like Christ. Giving of ourselves in the midst of our suffering and self-denial brings us closer to loving like Christ, who suffered and poured himself out unconditionally on the Cross for all of us. Lent is a journey through the desert to the foot of the Cross on Good Friday, as we seek him out, ask his help, join in his suffering, and learn to love like him.

--- Bishop David L. Ricken

**ASH WEDNESDAY – March 5<sup>th</sup>**

Not a Holy Day of Obligation. Our Ash Wednesday Schedule is as follows: 6:30 AM and 8:00 AM Novus Ordo. The Latin Mass will be held at 7:00 PM. Ashes will only be given out after the Masses.

**STATIONS OF THE CROSS**

We will have Stations of the Cross inside of the church at 6:30 PM every Friday of Lent followed by Mass at 7:00 PM.

**LENTEN MEATLESS FRIDAY DINNER**

Starting Friday, March 7<sup>th</sup> until April 11<sup>th</sup> we will be hosting a meatless dinner in the Parish Hall every Friday in Lent. Dinner will be served at 5:00 PM and after the 7:00 PM Mass. Plate price will be determined by market price.

**40 DAYS FOR LIFE CAMPAIGN – March 5<sup>th</sup> – April 13<sup>th</sup>**

Pray for the unborn during this Jubilee Year of Hope! Come pray at the Vigil Site (918 W. Foothill Blvd. Upland, 91786) from 7:00 AM – 7:00 PM. Special Prayer Vigils at 11:00 AM: March 5<sup>th</sup> – Opening Day, March 8<sup>th</sup> – Kick off Rally, March 22<sup>nd</sup> – Midway Rally and April 12<sup>th</sup> Victory Celebration Rally. Sign up for a vigil hour at 40daysforlife.com/upland.

**VOLUNTEERS NEEDED!**

We are in need of volunteers for some of our upcoming events. If interested, please call the Parish Office: 909-390-0011

**2025 DDF CAMPAIGN**

**Our next appeal will be next weekend!**

Thank you to everyone who has donated to our 2025 DDF campaign so far! We are still hoping for a strong start this year! Each and every person's gift is important, regardless of size.

Thank you for your continued support of our parish!  
**Diocese Goal: \$54,400.00      Gifts Received: \$1,219.34**

**CHOOSE LIFE – Pregnancy Hot Line (909) 398-4838**

The Gospel of Life is "meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!" (The Gospel of Life 5).

**Readings: Cycle 1, Weekday Readings; (Year C for Sundays)**

- 3/1/25 Sirach 27:4-7, Luke 6:39-45 (84)
- 3/2/25 1 Samuel 26:2, 7-9, 12-13, 22-23, Luke 6:27-38 (81)
- 3/3/25 Sirach 17:20-24, Mark 10:17-27 (347)
- 3/4/25 Sirach 35:1-12, Mark 10:28-31 (348)
- 3/5/25 Joel 2:12-18, Matthew 6:1-6, 16-18 (219) – Ash Wednesday
- 3/6/25 Deuteronomy 30:15-20, Luke 9:22-25 (220)
- 3/7/25 Isaiah 58:1-9a, Matthew 9:14-15 (221)
- 3/8/25 Isaiah 58:9b-14, Luke 5:27-32 (222)

**Intercessions for Life:** For each expectant mother considering abortion: May the Lord provide for her needs and give her the grace and resolve to choose life for her child; We pray to the Lord.

**Papal Intention for March:** Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

**To Report the Sexual Abuse of a Child** by Clergy, Deacon, Employee or Volunteer, call the toll-free Sexual Misconduct Hotline at 1-888-206-9090.